



CEDARS-SINAI MEDICAL CENTER.

INTRODUCTION TO SURGERY Selective

Course Chair Info: Shirin Towfigh, MD FACS
Visiting Associate Professor of Clinical Surgery
Shirin.towfigh@cshs.org
310-423-8353

Description: Students are offered a hands-on experience that will offer them a glimpse of what it takes to be a surgeon. Sessions will include time in the surgical skills laboratory and the operating room. Students will be taught the principles of sterile technique, operating room etiquette, and will learn basic skills such as scrubbing, gowning, gloving, suturing, and knot-tying. In addition, students will have an observational role in the operating room, observing a vast variety of surgical procedures from all surgical specialties.

Learning Objectives: The student will learn and/or be exposed to the following general principles of surgical practice:

1. Sterile Precautions
2. Operating Room Etiquette
3. Sterile Gowning & Gloving
4. Knot-tying
5. Suturing
6. Airway Management
7. Basic Laparoscopy
7. Residency Life
8. Life Balance

Grading: To earn a Passing grade, the following three principles must have been met:

1. Attendance at all 6 sessions, as verified by sign-in sheet. Excused absences must be communicated with the Course Chair.
2. Observation of at least 4 major operations.
3. Maintenance of professional conduct. Reports of unprofessional actions from hospital staff and physicians will be a cause of Failing grade.