

## How to Receive a Health Clearance from Employee Health Services

- **What is an EHS letter of health clearance?**

All volunteers and staff alike are required to have an initial and annual EHS letter of health clearance. This is composed of two components: TB test and a titer test to check your immunities for chicken pox, measles, mumps and rubella. After your appointment with EHS they will give you a single piece of paper, your EHS letter of health clearance, which is what we need to show that you are medically ready to begin volunteering.

- **How to obtain an EHS letter of health clearance.**

If you have had a TB test in the last 4-6 months, please notify EHS when you call them to schedule your appointment. You can reach EHS at (310) 423-3322. Inform them that you are new volunteer and need to schedule an appointment for your health clearance.

Before your appointment date you will need to go online and download the EHS forms attachments #1 and #2 as you will need to present these at your appointment.

**NOTE:** Do not submit EHS forms to Volunteer Services as we simply need your actual letter of clearance, which EHS will provide to you at your final appointment.

Once you have been cleared by Employee Health Services they will provide you a single document with our logo and your name. This is your official EHS health clearance letter. When received, please take the initiative and walk it over to Volunteer Services. We can also validate your parking when you arrive if you have parked in a Cedars-Sinai visitor's lot.